



Health Care Choice Östergötland – choose your health centre

According to your needs

With Health Care Choice Östergötland you are free to choose the health centre that suits you best as long as you are registered in Östergötland. You can choose according to your own needs and wishes.

You always get the health centre you choose, and if you are not satisfied you can change to another one.

Focus on the patients

Health care choice can result in health care centres competing for patients, making it even more important to adapt the care to the needs of the patients. For example, some health centres might extend opening hours to improve accessibility.

How to choose

You should always have a permanent health centre where you go first if you require health care. There you will find doctors, nurses and district nurses, and other health services which you and your family may need, such as a child health clinic, home nursing care and physiotherapy.

If you are happy with your present health centre, you can carry on using it and you need do nothing. If you would like to change health centre, the easiest way is to visit the county council's website at www.lio.se.

You can also make your choice in writing by filling in a health care choice form. You can change from one health centre to another whenever you choose and you will be registered with the new health centre within two months.

The county council allocates money to the health centres for every patient registered. If you change health centre the allocated amount will be the same at your new health centre.

As a patient you will pay the same patient fee at every health centre included in Health Care Choice Östergötland. The regulations concerning maximum prescription costs and free prescriptions are the same for all health centres.

Information about the health centres

To make it easier to choose and compare, you might like to find out more about the health centres. On the county council's website, in its directory and its magazine Hälsotecken, delivered to all households, you will find information in Swedish about opening hours, how soon you can get an appointment, patient reviews and how long it will take to get through by phone.

Approved health centres

All health centres in Health Care Choice Östergötland are approved by Östergötland County Council. This means they have all agreed to provide the same primary health and medical care including, for example, counselling, physiotherapy and OT, child and baby clinics, preventative medicine, home nursing care and mental health care. Beyond these the health centres can develop their services freely, adapting their care to the needs of the patients.

Demand for quality

The county council regularly assesses health centres to ensure that everything is functioning as it should. If a health centre is not meeting standards the council can take away the health centre's approved status. County councils have the overall responsibility for ensuring that all citizens have access to a health centre in their municipality.

Would you like to know more or get hold of a health care choice form?

For more information contact your health centre or visit www.lio.se/varval. You can collect a health care choice form from a health centre, or order one by telephoning 010-103 02 19 or 010-103 02 24. Inform the county council on its website if you change health care centre.

Här kan man skriva in text...